

SSD NEWSLETTER

SEPTEMBER AT THE SSD




The time to return to classes has arrived, and we are incredibly excited to welcome you all back! This past month has been filled with events where we've had the pleasure of connecting with many of you, welcoming new members into our community, and opening our space to help you feel at home.

As the semester begins, we want to remind you that you have a community of friends and allies here at SSD. Whether you need support, a moment of calm, or simply a place to make great friends, we are always here for you. We can't wait to see you at our lodge!


Upcoming Events!

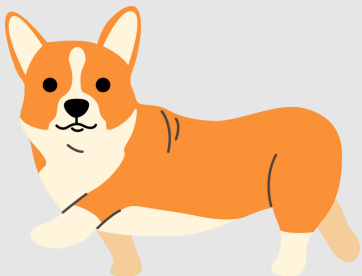
Clubs & Course Union Days - September 11-12 th

Over 200 clubs, course unions, and advocacy groups will be attending!. We are going to be part of this attendants and we hope you could visit us there. This is your opportunity to explore and build community with likeminded people who love what you love 🌱

 **Date:** Tuesday and Wednesday, September 11-12, 2024

 **Time:** 10:00 AM – 3:30 PM


 **Location:** The Student Union Building




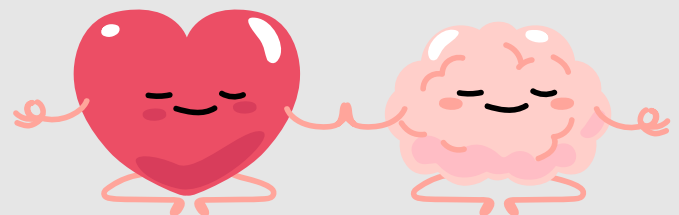
Mental Health Resource Fair - September 13 th

Join us to connect with representatives from community organizations, mental health support groups, counselling organizations, community and mental health programs, and much more!

 **Date:** Friday, September 13th


 **Time:** 10:00 am - 4:00 pm


 **Location:** Student Union Building - Michèle Pujol Room



• **Crafting & Co-Working - September 24th**

Bring your creative projects and enjoy the supportive presence of others while you work. Whether you're crafting, studying, or working on a personal task, this session is a great way to stay focused and connect with fellow students in a calm, welcoming environment. All materials will be provided, or feel free to bring your own! 🎨 ✨

 **Date:** Tuesday, September 24th


 **Time:** 1:00 to 4:00 pm


 **Location:** SUB Room B111



• **Tabling at the Night Market - September 25th**

The UVSS is hosting a Night Market on September 25th and we will be tabling there! Come and have fun with us ✨


 **Date:** Wednesday, September 25th


 **Time:** 5:00 to 9:00 pm

 **Location:** Vertigo, Student Union Building

• **Accessing CAL Accommodations Workshop -**

We will cover how to register with CAL, what documentation is required, and what kinds of accommodations that CAL may be able to provide. Please bring your questions for Szymon! There will also be a student roundtable where students can share their experiences with CAL and give each other tips and tricks on how to navigate academic accommodations. ✨

 **Date:** Thursday, September 26th

 **Time:** 2:30 pm - 4:00 pm

 **Location:** Zoom

Registration link: [Click here](#) or in our linktree

Opportunities

- **Volunteer Call Out:** The SSD community is seeking passionate volunteers to serve as Outreach Volunteers and Peer Support Group Facilitators. This is a fantastic opportunity to make a positive impact, develop leadership skills, and help empower our members. If you're interested in being part of a supportive and dynamic team, please reach out for more details or check out our linktree!



Pet of the month

This month's star is the energetic and athletic Banjo! Banjo loves to run and is always ready for the next marathon. His favorite activities include playing tug-of-war, chasing after his ball, and making his bear stuffed toy squeak. He's always up for an adventure!



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